[](http://pactiss.org/wp-content/uploads/2011/09/SP.jpg)

FOLIO TASK

There are 3 questions we need to find the answer to. Who am I? What do I know? What should I do? (And perhaps also What can I hope for?)

(<http://pactiss.org>)

Your task is to experience 30 minutes of ‘alone-ness’, and silence.

During that time you are to engage in *metacognition* – that is – focus on what you are thinking about.

In a written response (>300 words) reflect on

* The difficulty of the task
* What you thought about
* What you learnt

Be very aware that this is an reflective piece of writing

|  | Knowledge and Understanding | Reasoning | Critical Analysis | Communication |
| --- | --- | --- | --- | --- |
|  | Identification and understanding of philosophical issues and philosophical positions on issues.  ~~Knowledge and understanding of the general structure of a philosophical argument~~. | ~~Reasoning and use of evidence to support or contest philosophical issues and positions.~~  ~~Differentiation between good and bad arguments~~. | ~~Analysis of strengths and weaknesses of philosophical assumptions, positions, and arguments~~. | Communication of philosophical issues and positions, with conventions observed.  Use of appropriate philosophical terminology, and acknowledgment of sources. |